Supplies:

Colored cotton fabric for mask front
White cotton muslin or colored cotton for liner
Cotton thread
Sewing machine or hand needle
Elastic beading cord or 1/8" white elastic
Two metal wire twist ties
Hepa vacuum cleaner bag filter
(Cut two filter inserts 1/2" smaller all the way around)

Cut two for main Cut two for liner

1/4" seams

ADULT DUST MASK WITH FILTER INSERT POCKET

Instructions on how to sew: https://www.karenelaine.com/art-appetizer/